

Gift of Health

Our Philanthropy Magazine

FALL 2022

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Trinity Health

Philanthropic Supporters of
Trinity Health –
Southeast Michigan



Welcoming the newest member of your family:

Trinity Health St. Joseph Mercy Oakland Launches Women's and Children's Services Project

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Giving Changes Lives through Proven Programs

Thank you to the Robert W. & Maxine C. Parker Foundation for a generous grant to support Trinity Health St. Joseph Mercy Livingston through our Diabetes Prevention Program and the Healthy Families Program (formerly ShapeDown). The programs are among our Community Health and Well-Being and Nutrition and Lifestyle Medicine initiatives provided throughout our Southeast Michigan locations. The family's generous support will benefit patients and families in Livingston County.

"When we learned about all the contributions that the Diabetes Prevention Program and the Healthy Families Program make in promoting health and wellbeing here in Livingston County, it was both an easy and exciting decision to partner with Trinity Health St. Joseph Mercy Livingston to support these great services that have real life-changing impact in our community," shared Donald S. Parker, The Robert W. & Maxine C. Parker Foundation.

The Healthy Families program focuses on improving health habits of children, teens and their parents which will lead to maintaining a healthy weight over their lifetime. The youth and parents participate in a 10-week series, including an initial and final individual visit and 8 weekly group classes developed and led by a multidisciplinary team - a registered dietitian, exercise specialist and behavior specialist. The families also benefit from individual and personalized counseling with our health care team for follow-up care.

Each of these encounters creates a whole-person and whole-family approach, leading to proven success. The number of encounters has increased approximately 17% in the past three years.

In the group classes, families learn how healthy eating, an active lifestyle, and effective communication set the stage for a lifetime of good habits. The peer-group setting encourages motivation and accountability. Philanthropic giving for this program helps families gain the knowledge and tools needed to prevent and reverse disease, build self-esteem, and reduce stress, and lead healthier lives.

The program follows the Expert Committee Physician Recommendations guidelines, established by the CDC to address childhood obesity. Beyond the 8-week program, we encourage families to continue their learning experience for 2 years to enhance their success.

Child/Parent Encounters:

Total FY22: 2,198

Total FY21: 1,887

Total FY20: 1,820

Measured Improvements and Proven Success

Surveys measuring habits taken at the beginning and end of the Healthy Families Program show children/teens have significant improvements in these areas:

Activity Level: Improved by 70% (Increased movement and decreased screen time)

Food Habits: Improved by 55.6% (Decreased fat, sugar and sugary drinks and increased fruits, vegetables and water consumption)

Quality of Life: Increased by 82.8% (Increased quality family time, daily communication, and self-esteem)

Body Mass Index (BMI): 57.7% of participants lost or maintained weight or reduced weight gain. This is the first goal to reach in a 10-week program.



Parents in the Healthy Families Program often share their positive feedback:

Mom 1

"Since the start of class, my daughter has been much more receptive to things (regarding healthy changes) at home. It was nice for my daughter to see other kids who are struggling in this area too."

Mom 2

"I came into this program thinking I needed to break a snacking habit for my girls. Really, I just needed to redirect them to the right foods to snack on — fruits and veggies!"

"We are grateful to the Robert W. & Maxine C. Parker Foundation for their ongoing generosity. The Foundation's support is helping make innovative health programs possible and to make a difference in people's daily lives. As a non-profit health system, giving like this enables our experts to work with patients and families in providing education and support services to reduce health risks and to gain the access, tools, habits and self-confidence needed to prevent and even reverse illness," shared John O'Malley, President, Trinity Health St. Joseph Mercy Livingston.

More than 90% of the children and teens joining our program are referred by their primary care physicians. There was a 74.8% increase in referrals from FY21 to FY22, with a majority of children over the 95th percentile for BMI, which indicates severe obesity and high risk for obesity-related health issues. The participants had significant results with reduced weight gain during the 10-week program.

"We are dedicated to helping the families in our program feel supported and empowered to make good decisions for their health," shared Beth Darnell, Program Coordinator. "Reducing weight gain during the 10-week program is extremely significant. Many lifestyle habit changes begin to take hold which will last a lifetime."

The youth in the program often enter with a number of co-morbidities including pre-diabetes, Type 2 Diabetes, hyperlipidemia, hypertension, asthma, joint issues, sleep apnea, ADD, ADHD, and medications causing weight gain. With ongoing commitment to the health habits built during the Healthy Families program, there can be a decrease in the progression and, in some cases, reversal of these illnesses and health issues.

Families come from all socio-economic backgrounds, and philanthropic funding helps cover the cost of the program for those who are underinsured and cannot afford to pay on their own. Additionally, support

Continued on page 18...

Ellen Thompson Women's Health Center Celebrates 20 Years of Leading Care



2002 Ribbon Cutting Ceremony: Ellen Thompson; event guest speaker the late Rue McClanahan; Campaign Co-chair Norma J. Sarns; the late Garry C. Faja, President and CEO of Saint Joseph Mercy Health System.

This year marks the 20th anniversary of opening the Ellen Thompson Women's Health Center at Trinity Health St. Joseph Mercy Ann Arbor. Generous philanthropic support for the Women's Health Campaign made it possible to open the state-of-the-art facility for outpatient care that continues to provide a healing environment and serve our community today.

The Campaign was led by Co-chairs Norma J. Sarns and James J. Shields, MD, with Honorary Chair Judy Dow Rumelhart and inspired giving from physicians, hospital leaders and colleagues, local businesses and foundations, and community members, including a lead gift from Robert and Ellen Thompson to name the new building. Together, committed supporters created this new Center to provide a welcoming, safe, and convenient place for women in our community to seek health education, fitness and nutrition services, and clinical care such as breast health imaging and exams and bone density screening.

"Our Ellen Thompson Women's Health Center is renowned for its quality, patient-focused, and innovative care, and we are incredibly grateful to our generous donors, campaign leaders and experts who enabled this healing center to open and to serve our community for 20 years," shared Alonzo Lewis, President for Trinity Health Ann Arbor and Livingston. "Your commitment inspires ongoing support and investment in care, so we may continually build on the foundation of excellence you established."

The opening of the Ellen Thompson Women's Health Center and the successful Campaign were celebrated with a ribbon-cutting ceremony in summer 2002.

Making a Difference Today: Breast Health Excellence

Throughout the past two decades, the Ellen Thompson Women's Health Center has remained a trusted place for specialized women's health services. This is most notable in the advancements in breast health services.

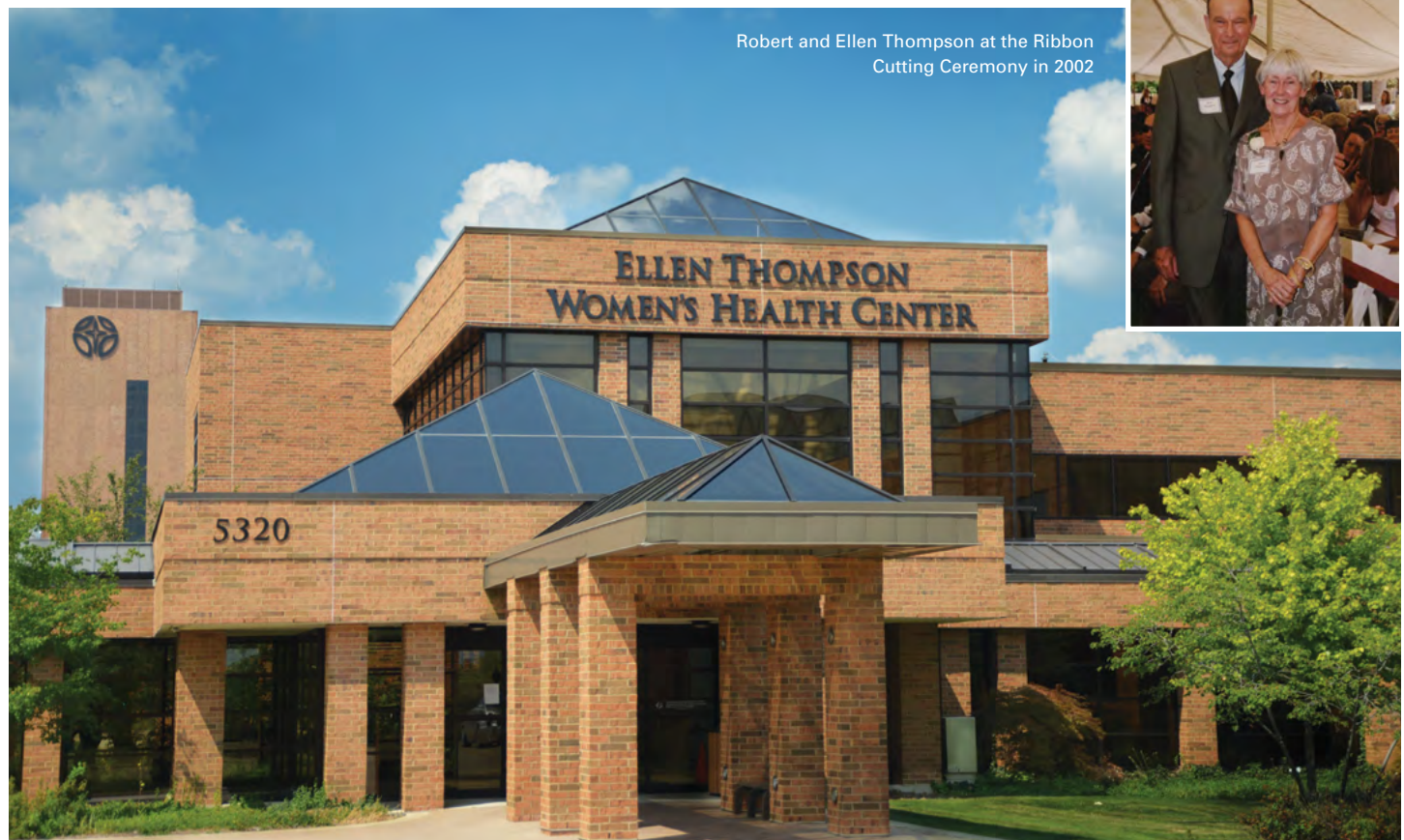
Patients benefitted from **21,000 breast screenings** last year, such as mammograms, ultrasounds and biopsies.

Our donors' investments in us help our team to achieve the highest standards in patient care and are reflected by our "triple crown" of national quality accreditations, including Breast Imaging Center of Excellence, Certified Quality Breast Center and recognition by the National Accreditation Program for Breast Centers.

- In 2008, a gift from Bob and Ellen Thompson, allowed us to transition from analogue to digital mammography, and positioned us to become one of the first breast imaging centers in the state to provide 3-D mammography starting in 2013.
- The hospital built on our 3-D capabilities with the purchase of a prone table machine for minimally invasive, 3-D image-guided biopsies, which benefit more than 420 patients each year, reducing the need for traditional, higher-risk open surgical biopsies.
- Each year, 900 patients diagnosed with breast cancer throughout our health system rely on the **Oncology Nurse Navigators** to guide them through their Multidisciplinary Clinic appointments to meet with their expert care teams and to gain personalized education, resources and support.
- Additionally, the Center is the home to our **Breast Surgery Offices** as well as our **High-Risk Breast Program** that serves patients at high risk for breast cancer with personalized screening, education, and nutrition services, and genetic counseling, to help prevent cancer and detect it in the earliest, most treatable stages.

“Thank you for your continued generosity, with your support, we have built and sustained the Ellen Thompson Women’s Health Center as a trusted place for thousands of women in our community who are seeking specialized, expert, compassionate care and to gain resources that are vital to prevention, treatment, and a healthier life,” shared Melissa Sheppard, Director of Corporate and Foundation Relations, Trinity Health – Southeast Michigan.

To to make your gift today, visit: stjoeshealth.org/giftofhealth. To learn more about how giving makes an impact on our healing mission, contact: Melissa Sheppard, Director of Corporate and Foundation Relations, at 734-712-4079 or melissa.sheppard@trinity-health.org; or Jana McNair, Director of Major Gifts, at 734-712-3919 or jana.mcnair@trinityhealth.org.



Robert and Ellen Thompson at the Ribbon Cutting Ceremony in 2002

Thank you for your ongoing support –

Celebrating Milestones at Trinity Health St. Mary Mercy Livonia

This year marks the 10th anniversary of the Generations Together Campaign and 15th anniversary of opening the Our Lady of Hope Cancer Center and Helen Palmer Inspirit Salon. We remain grateful for your generosity that made these philanthropic initiatives great successes and helped us to transform the way we provide care.

Generations Together Campaign Celebrates 10 Years

Your giving in support of the Generations Together Campaign – including the South Pavilion inpatient units, renovated North Tower, and new ER – has made it possible to meet the growing, changing and urgent needs of our community.

Since opening our new facilities in 2012, we have improved access and care for patients:

- Our ER served patients who turned to us for 46,765 visits last year.
- Our patients relied on us for essential inpatient care, with a total of 17,400 patient discharges last year.
- Additionally, you have renewed areas into healing environments that before the project lacked the space, privacy and amenities to accommodate the latest in-room treatments, expert teams, and loved ones.

“We are grateful for the difference your support makes,” shared Matthew Griffin, MD, Chief Medical Officer, Trinity Health Livonia. “The South Pavilion, new private patient rooms, and state-of-the-art ER have improved the patient experience tremendously. Joining the team in 2018, I have seen the impact of your giving most profoundly with our response to COVID-19. As the pandemic swept through Southeast Michigan, patients relied significantly on our expert ER care, screening and diagnosis as well as our safe and quarantined inpatient rooms for complex medical care. Today, as we look toward a healthier future, we thank you for being an essential part of our healing mission.”



Recalling the Highlights of the Generations Together Project

Emergency Center

- 33,000 square feet with more than 50 exam bays and rooms, each able to accommodate family members
- An expanded Senior ER and specially designed rooms for behavioral medicine patients
- Enhanced imaging capabilities within the ER
- Comfortable and spacious areas for visitors

South Pavilion / Private Inpatient Rooms

- 80 new private patient rooms with full bathrooms in the South Pavilion and renovation of 90 existing rooms in the North Tower
- Dedicated work areas in each room for clinical staff and advanced medical equipment
- Ample space, large windows, soothing colors and comfortable furniture for loved ones to visit

Our Lady of Hope Cancer Center Celebrates 15 Years



With generous support, you helped open the Our Lady of Hope Cancer Center and Helen Palmer Inspirit Salon in 2007 and have sustained our ability to provide our community with expert, local, compassionate care.

“Thanks to dedicated giving, the Our Lady of Hope Cancer Center has continually lived up to its name with a team focused on cancer care excellence and bringing hope to our community,” said Cody Husemann, Director of Oncology, Trinity Health Livonia. “Our patients become like family, and our team is incredibly grateful for your commitment to continually improving the patient experience and outcomes.”

Since opening the Cancer Center in 2007, a growing number of patients have relied on us for treatment.

“Our patients rely on us for trusted cancer care made possible with your generosity, kindness and commitment to our mission,” shared Karen Campbell, Gift Officer, Trinity Health Livonia. “It is inspiring to see the impact your giving has on our patients and their families. Continued philanthropy has been and will remain an investment in the team and spaces required for the latest in personalized, innovative and leading-edge care.”

To make your gift today, visit: stjoeshealth.org/giftofhealth. To learn more about the impact of giving, contact: Karen Campbell, Gift Officer, at 734-655-2876 or karen.campbell@trinity-health.org; or Melissa Sheppard, Director of Corporate and Foundation Relations, at 734-712-4079 or melissa.sheppard@trinity-health.org.

Body, Mind and Spirit

As a non-profit hospital, we have relied on your generosity to go beyond our life-saving and life-extending treatments and research with innovative support services. Some recent highlights include:

- Last year, patients relied on 6,500 radiation oncology and 6,300 infusion center/chemotherapy visits for essential treatments and exams.
- Last spring, grant dollars established our Cancer Care Transportation Fund serving patients of our six Southeast Michigan Cancer Centers. With this and additional donations, in less than a year, 215 patients have benefitted from 530 rides to treatments. For our patients who face financial insecurity, limited social support, and lack of transportation, giving like this provides them with relief and dignity, and promotes better outcomes.
- Philanthropic funds also enabled us to add Oncology Nurse Navigator services to our Lung Nodule program at the Our Lady of Hope Cancer Center. To help ensure patients whose screenings show a spot on their lungs receive the right care at the right time through follow-up appointments and when needed, diagnosis, treatment and supportive services.
- Our Helen Palmer Inspirit Salon served nearly 250 patients last year, who benefitted from the image recovery services including fittings for wigs, mastectomy bras and prostheses. Philanthropic funding made it possible to provide nearly 40% of services at no cost or reduced cost to our underserved patients.



Interview

Chelsea Hospital President Ben Miles Honoring our Heritage and Forging our Future

More than half a year into his role as President for Chelsea Hospital, Ben Miles is committed to the heritage and future of our healing mission. He recently took the time for an interview to share his learnings and the vision he is developing with the team and community.

What about Chelsea Hospital's heritage do you find most important?

- Our mission, which remains at the heart of all we do and is our guidepost for the future.
- Chelsea Hospital's meaningful relationship with the community that has sustained for more than 50 years and the hospital's reputation as an award-winning institution with an expert, caring, dedicated team and renowned healing environment.



- The strong commitment of our philanthropic supporters. It is clear the difference our donors make through giving and building a foundation for excellence – from our Cancer Center to our Behavioral Health Unit; from our Robotic Surgery program to our Breast Imaging Services; and from our walking paths to our community health programs like SRSly and the Diabetes Prevention Program – and so much more. It is inspiring!
- It is an honor to join this community and the hospital team and leaders, including our Joint Venture (JV) and Local Boards, Platinum Leaf Society and Donors, and our volunteers, and to follow in the footsteps of the three respected former Presidents – all who have contributed to the health and vibrancy of our community. (See photo from a recent visit on page 19).

What makes the Joint Venture between Trinity Health and Michigan Medicine an optimal model for serving our community?

- As a JV between Trinity Health and Michigan Medicine, the hospital provides a unique approach to care. The hospital features clinical and technological excellence; seamless access to two leading health systems; and a warm, community environment, firmly rooted in Trinity Health's mission.

- The JV expands capabilities with more treatment options for our patients, for example within the past couple of years, we added the Robotic Surgery Program at the hospital, expanded our Physical Medicine and Rehabilitation Unit for inpatient care, and added an Urgent Care within our ER.
- The JV brings unique value to patients, allowing us to achieve ongoing progress while offering a healing environment and sustaining our mission for our local communities.

How do our Community Health and Well-being partnerships and support make a difference in peoples' lives?

- One of the most inspiring aspects of Chelsea Hospital is the engaged and committed circle of philanthropic supporters who share our vision for community health.
- As a not-for-profit health system, it is our responsibility to invest in our communities. Every three years, we conduct a Community Health Needs Assessment to determine the top health concerns our community members are facing on a daily basis. These findings guide our hospital services, including uniting with partners to address health out in the community. Together, we can make a much bigger impact.
- Philanthropic investment helps us to build on our local partnerships by being the backbone for their administrative infrastructure and funding. Some ways we have put this innovative approach and your philanthropic support to work include:
 - The SRSLY Coalition led by Chelsea Hospital's Community Health Director, team and local volunteers to improve youth mental health and reduce the risk of substance use, self-harm, and suicide.
 - The WAVE Bus to provide seniors and those with disabilities with transportation to medical appointments and downtown venues, ultimately also helping to reduce isolation. Chelsea Hospital was recognized by the Michigan Health & Hospital Association for development of the WAVE Stockbridge-Manchester Shuttle.
 - And, The Chelsea Farmer's Market, where we provide funding as well as a leadership through our Community Health and Well-being Specialty Project Manager. The Market is an important venue for our nutrition security programs and popular way to support our local farmers and artisans and bring our whole community together for garden-fresh foods, art and music, and social connection.



Emily Griswold, Chelsea Hospital Special Projects Manager and Manager of Chelsea Farmers Markets.

What are Chelsea Hospital's focus areas over the next year?

- We are focused on providing transformative care, including expanding key services like neurology and cardiovascular capabilities and building on flagship programs like cancer care.
- We continue to develop coordinated, comprehensive Behavioral Health Services and options, focused on multiple mental health and substance use issues. One goal is to increase the reach of our Behavioral Health Nurse Navigator program.
- Another goal is strengthening our community partnerships and innovative approaches to health to serve people beyond the walls of the hospital with life-changing approaches to wellness that reduce the need for ER and inpatient care, and instead help people lead healthier lives.

To make your gift today, visit: stjoeshealth.org/giftofhealth. To learn how your giving can make a difference at Chelsea Hospital, contact: Jennifer Maisch, Director of Major Gifts, at 734-593-5373 or jennifer.maisch@trinity-health.org, or Melissa Sheppard, Director of Corporate and Foundation Relations, at 734-712-4079 or melissa.sheppard@trinityhealth.org.

Thank You to GameAbove and Gamers Outreach

We extend our gratitude to GameAbove and Gamers Outreach for \$47,000 in philanthropic support, including a gift of 12 Gamers Outreach Karts (GO Karts) for Trinity Health St. Joseph Mercy Ann Arbor and Trinity Health St. Joseph Mercy Oakland and \$5,000 in funding for the Pediatric Unit in Ann Arbor. The video gaming consoles will help improve the patient experience.

"We are grateful for this philanthropic investment from our friends at Gamers Outreach, GameAbove and Eastern Michigan University (EMU)," says Alonzo Lewis, President, Trinity Health St. Joseph Mercy Ann Arbor and Livingston. "A hospital stay can be a stressful experience for anyone and especially for children and adolescents. These Gamers Outreach Karts are a welcome creative outlet to help improve the patient experience and contribute to physical and emotional healing."

With this gift to Trinity Health's Ann Arbor and Oakland hospitals, the groups have expanded use of the GO Karts beyond the pediatric units to also serve patients in the ERs and adult inpatient units.

"Gamers Outreach has made a significant impact in many lives. We are excited to help bring their innovative gaming solution to more patients in Michigan," says GameAbove advisory board member Chris Kaufman. "Our strategic support includes efforts that aim to impact lives positively. The smiles that come with it keep us motivated, and we are delighted to deliver the GO Karts to Trinity Health St. Joseph Mercy Ann Arbor. The healthcare facility continues to play a pivotal role at EMU and in Ypsilanti—two special communities we advocate for."

The hospital partners with EMU through its health-related programs such as Nursing, Physician Assistant, and other clinical studies. Trinity Health Ann Arbor is a leading teaching hospital, recognized as #1 in 2020 and #3 in 2021 by Fortune/IBM Watson Health in their Top Major Teaching Hospital category in the U.S.



On June 23, 2022, leaders of GameAbove and Gamers Outreach visited our Ann Arbor hospital to participate in a ribbon-cutting ceremony with hospital leaders and to celebrate the donation of GO Karts and their dedicated support.

The students benefit from leading health educators, personal experience serving patients in a community hospital setting, and our state-of-the-art facilities such as our Clinical Simulation Center, developed and sustained in partnership with the EMU Physician Assistant Program. The Sim Center hosts nearly 3,000 Trinity Health Michigan and Eastern Michigan University students, residents and practitioners, who receive more than 2,400 hands-on training experiences each year to safely learn team communication and treatment skills by practicing scenarios using lifelike, computerized manikins, similar to flight simulation training for pilots.

Michigan-native and EMU graduate Zach Wigal founded Gamers Outreach. The organization hosts its annual Gamers for Giving fundraiser at the EMU Convocation Center (now George Gervin GameAbove Center) and started distributing GO Karts in 2009. The non-profit organization has since delivered kiosks to more than 360 hospitals across the world. The devices impact as many as 4 million patients each year.

“Gamers Outreach truly appreciates GameAbove’s support in our mission,” said Wigal. “We also thank Trinity Health – Southeast Michigan for partnering with us and allowing us to offer this form of wellness and entertainment to their patients.”

“Through our mission and the donations of gaming consoles we are aiming to help inspire joy and connection and to create a sense of normalcy for people when they are hospitalized,” shared Wigal. “It was especially meaningful to take part in presenting this gift to Trinity Health – Southeast Michigan, to come home to Michigan and Ypsilanti, and to help the hospitals serve local communities with innovative health care.”

According to their mission, through equipment and software, Gamers Outreach is helping kids in hospitals gain access to activities and do what kids do best – be themselves. This generous commitment builds on Gamers Outreach’s \$10,500 in-kind gift of GO Karts made in 2021.

To make your gift today, visit: stjoeshealth.org/giftofhealth.

To learn how your giving can make a difference, contact: Melissa Sheppard, Director of Corporate and Foundation Relations, at 734-712-4079 or melissa.sheppard@trinityhealth.org



The GO Karts were set up by the Gamers Outreach team who provide ongoing tech support.



Zach Wigal, Gamers Outreach Founder, and Alonzo Lewis, President of Trinity Health Ann Arbor and Livingston



Keith Stone, GameAbove Founder, was among the Advisory Board members to attend.

Thank You for Making Big Things Possible for Our Littlest Patients at Trinity Health St. Joseph Mercy Oakland



The generous giving from longstanding supporters for our Trinity Health St. Joseph Mercy Oakland Women’s and Children’s Services is inspiring!

The Carls Foundation’s significant grant of more than \$41,000 enabled the purchase of two newborn hearing screening devices – one for the NICU and one for the Mother/Baby Unit.

The DeRoy Testamentary Foundation’s generous grant of \$40,000 was used to purchase 16 Fetal Monitoring Carts for our Mother/Baby program for use during labor and delivery.

Additionally, support from The Serra Family Foundation and The Philip and Elizabeth Filmer Memorial Charitable Trust as well as individual donors made it possible to purchase new glider chairs

for the NICU to promote comfort and bonding moments with parents and their newborns.

Thank you to all who support our littlest patients, your commitment to our mission makes a difference.

Building on Your Investment

Launching the Trinity Health Oakland Women’s and Children’s Services Project

More than 2,000 babies are born each year at Trinity Health St. Joseph Mercy Oakland. Today we are building on your investments in us to ensure our facilities reflect our trusted and award-winning care through our Women’s and Children’s Services Project.

The hospital is in the final design phases for the project including a renovated and expanded Labor & Delivery Unit, last updated 30 years ago, as well as the redesign and relocation of our NICU and Maternal Fetal Medicine Clinic to improve comfort and safety for our highest-risk newborns and expecting mothers. Construction is slated to begin in spring 2023.

“As a non-profit hospital, we rely on philanthropic giving to provide quality, safe, accessible, and equitable care. Our Women’s and Children’s Services are often a family’s first experience with our hospital. Your support of this project will help give them a healthy start to life,” stated Shannon Striebich, President of Trinity Health Oakland and Senior Vice President of Operations at Trinity Health Michigan.

Women’s and Children’s Services Project Focus Areas

Labor & Delivery Unit (L&D Unit) – Our healing environment will be improved with an increase from 11 to 12 private Labor & Delivery rooms, each big enough to accommodate advanced equipment and care teams as well as loved ones. The spa-like design and modern amenities will honor the birthing experience. The new high-tech and universally designed rooms will support an optimal work environment for our teams and safe, patient-focused care.

Patient Experience and State-of-the-Art Design – Located between the L&D Unit, Antenatal Unit and Mother/Baby Unit, will be seven new private triage rooms, each large enough to for the clinical team plus the patient’s loved ones. With a focus on safety, there will be a neonatal stabilization room for precipitous deliveries and an ultrasound room on the unit. Patients and families will also benefit from a dedicated entrance and parking.

Neonatal Intensive Care Unit (NICU) – The new NICU will be a transition from its current ward style to offer private rooms with family accommodations, improving privacy and promoting parent/baby bonding that is proven to improve outcomes. The new NICU rooms will support state-of-the-art care as well as encircle a central nursing station to give line of sight for our expert care team to provide close monitoring and immediate treatment and care. When it is safe and beneficial, following the first days of birth, moms and babies with lower acuity may stay together in one of the new NICU’s specialized but more traditional postpartum rooms.

Maternal Fetal Medicine Clinic – Expecting mothers in need of specialized treatment for high-risk and complex pregnancies will benefit from the relocation and new design of the Maternal Fetal Medicine Clinic at Trinity Health Oakland’s Medical Office Building on the north side of the hospital. The new location will be near an entrance and parking to further improve and ease the experience for expecting mothers who need multiple visits – sometimes daily visits.

Community Health and Well-being and Health Equity – Through this project, we are working toward improving health equity and enhancing the vibrancy of our community. In our FY21 Community Health Needs Assessment surveys, community members identified barriers to perinatal/postnatal care among their top three most pressing health issues. The majority of Trinity Health Oakland patients originate from the city of Pontiac, which is designated as Medically Underserved, and our hospital provides the only birthing center in the city. The project will support a trusted environment for Women’s and Children’s Services for our community, including for those who lack insurance, financial stability and other resources.

“Bringing new lives into the world is an honor and we are committed to providing mothers and babies with the best care. Our Women’s and Children’s Services project will help improve our spaces, and more importantly our patients’ experiences and outcomes,” shared Renay Gagleard, Executive Director of Nursing, Trinity Health Oakland Hospital.

To make your gift today, visit: stjoeshealth.org/giftofhealth.

*To learn more, contact: Craig Peiser | Director of Major Gifts
248-736-5815 or craig.peiser@trinity-health.org;*

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*Melissa Sheppard | Director of Corporate and Foundation Relations
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Project Overview

First Steps to a Healthy Family

- Will serve 2,000 babies born at Trinity Health Oakland each year
- Increases access with 11 to 12 new spa-like Labor & Delivery Rooms
- Creates 7 designated triage rooms to improve safety and privacy
- Redesigns the NICU to enhance specialized treatment for premature newborns
- Relocates Maternal Fetal Medicine Clinic for mothers experiencing high-risk pregnancies

Your support for this \$21-million project will make an impact on the future of health for our community.



David Ripple Receives Dr. John S. Lore Award for Outstanding Fundraising Executive



Dear Friends,

Please join us in congratulating David Ripple, Vice President of Philanthropy, Trinity Health - Southeast Michigan, in being named Outstanding Fundraising Executive by the Association of Fundraising Professionals (AFP) for Greater Detroit.

The award reflects Dave's leadership within our health system and his strong work serving our philanthropic supporters whose inspiring partnership and generous giving make a powerful impact on our mission.

In 2020 and 2021, Dave and his team led Trinity Health – Southeast Michigan in becoming the top fundraising health ministry across Trinity Health nationally.

With immense gratitude to our philanthropic supporters, our health system and those we serve benefitted from more than \$2.5 million for the Colleague Emergency Assistance Fund and for COVID-19 relief, which helped us get through some of the most challenging times in our history. In FY22, our philanthropy community gave more than \$15 million to advance clinical excellence, the patient experience, and community health and well-being initiatives.

Throughout his 30-year career in philanthropy, Dave has focused his expertise on fundraising, team building and strategic partnerships. Dave was appointed Vice President of Philanthropy for Trinity Health - Southeast Michigan in 2018. This was a homecoming for Dave after having served as a Major Gift Officer from 2000-2002, most notably partnering with executives, physicians, philanthropy staff and volunteer leaders to engage the community in support of the successful Campaign for Women's Health at St. Joe's Ann Arbor. Throughout his career, he has led regional and national non-profits in fundraising and fulfilling

Philanthropy Takes Great to Excellent

"Our Trinity Health - Southeast Michigan philanthropy community is one of the most generous, dedicated and inspiring groups I've had the honor to work with," shared David Ripple, Vice President of Philanthropy. "I witness daily how your commitment takes great to excellent and makes an impact on our mission. My team and I are proud to join you in making a difference in people's lives and to be a part of your philanthropic vision."

Possible with Your Support! Thank you!

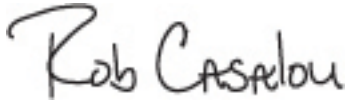
Each of our Trinity Health hospitals in Southeast Michigan was founded with philanthropic support. The tradition of philanthropy runs deep. Today, you remain key to our healing mission. Thank you for all you do to support health care excellence!

their missions in roles including president of The Remington Group, Vice President for Development at The Ohio State University, and Wayne State University's Vice President of Development and Alumni Affairs.

Dave will receive the Dr. John S. Lore Award for Outstanding Fundraising Executive at the annual AFP Greater Detroit Chapter Philanthropy Day Dinner on November 3.

Congratulations again to Dave on this incredible honor.

Sincerely,



Rob Casalou
President & CEO of
Trinity Health Michigan & Southeast Regions



Shannon Striebich
President, Trinity Health Oakland
Senior Vice President of Operations,
Trinity Health Michigan

A Message from Dr. Whitehouse

"I have come to know Dave as the quint-essential professional in his leadership of fundraising activities. Twenty years ago [when Dave served as the Major Gift Director for St. Joe's Women's Health Campaign], he was an excellent listener, representative of the institution, and patient advocate," shared Walter M. Whitehouse, Jr., MD, former St. Joe's Chair of Surgery. "In his current role, I have watched as he sensitively and respectfully navigated the challenges of COVID while respecting institutional needs, the importance of tradition, and the needs of the community. I have sincerely admired the success that his department has experienced under his leadership and the relationships they continue to build that make it possible to achieve Trinity Health's mission."

You Take Great to Excellent

A few recent ways your philanthropic giving has made an impact throughout our Southeast Michigan Hospitals:

- Supporting Cancer Research, including providing patients with local access to more than 100 trials that our teams lead and participate in – giving patients the option of emerging therapies.
- Mental health awareness and suicide prevention trainings, reaching thousands of participants in school, health care, community, parent and youth cohorts, through our Chelsea Hospital led SRSly coalition and Trinity Health Livonia's Western Wayne Suicide Prevention Coalition.
- Providing 900 participants with community-based peer-group classes through our clinically proven Diabetes Prevention Program during the past four years.
- Enabling The Farm at Trinity Health Ann Arbor to connect with 7,500 unique individuals in the last year through education programs; support for our clinical programs; volunteering; and nutrition security programs like our popular Farm Shares. And, building a new Community Pavilion at The Farm at Trinity Health Oakland.
- Building on clinical excellence and health equity through projects slated for construction like the ER and Women's and Children's Services in Oakland.
- Our Oncology Counseling Services, funded 100% by philanthropy and provided in partnership with the Cancer Support Community, serving patients with an average of 1,600 counseling visits and nearly 3,500 visits to the Cancer Support Community during the past two years. The visits are aimed at supporting patients through the emotional and social effects of cancer.

Dave Spivey Transitions into a New Leadership Role Within Trinity Health



David Spivey has showcased leadership, innovation and compassion throughout his 22 years as President at Trinity Health St. Mary Mercy Livonia. This fall, Dave transitioned from our Livonia hospital to take on new roles within the health system. First, Dave is serving as Interim President and CEO of our health ministry in Georgia, while the search for a permanent leader takes place, and then will transition into a senior leadership role within our Trinity Health home office. While his last day in Livonia was September 27, his legacy as a transforming president is ongoing.

Throughout his tenure, Dave effectively positioned Trinity Health Livonia as an outstanding health ministry with awards including the HealthGrades Distinguished Hospital Award for Clinical Excellence, Thomson Reuters Top 100 Hospital Award, and The Joint Commission and LeapFrog Group awards for quality and safety, respectively.

"On behalf of our Michigan team that has come to know and respect Dave as a leader, colleague and friend, I want to extend our deep appreciation to him for his 22 years of service to the Livonia community and for the many important statewide community health and well-being initiatives he has led," said Rob Casalou, President and CEO of Trinity Health Michigan and Southeast Regions.

Dave's presidency spanned a number of the hospital advancements, many that were supported by philanthropic campaigns and generous donations from our community, leaders, physicians and colleagues. During his time as President, Dave and his wife Julie were committed philanthropic supporters of Trinity Health Livonia through their personal gifts, leadership and the many ways they inspired others to join in giving:

- The successful Caring for the Future Campaign made it possible to open the Our Lady of Hope Cancer Center, Helen Palmer Inspirit Salon, and the Heart and Vascular Center in 2007.
- Philanthropic giving helped establish the Graduate Medical Education program in 2010, which has grown to six programs that serve more than 140 residents and fellows each year.
- In that same year, the hospital's Senior ER – the first ever in the state – was launched to provide specialized care of seniors ages 65 years and older.

A message from David Spivey to our Philanthropic Supporters:

"It has been one of my greatest honors to serve with you in transforming our Livonia hospital into a trusted choice for our community. Throughout our years together, you have helped improve clinical excellence, the patient experience and the health of our community through your giving and support. Thank you for being a partner in our mission."

- In 2012, our Generations Together Campaign supported the new ER and the conversion to all private inpatient rooms in the new South Pavilion and renovated North Tower inpatient units. In 2016, the final phase of the campaign supported the award-winning Chapel.
- Healthy Livonia, inspiring more than \$1.4 million to date in support for the initiative led by the hospital in partnership with the City of Livonia, Livonia Public Schools, the Livonia Chamber of Commerce, Livonia Parks and Recreation, Schoolcraft College, Madonna University, and Clarenceville School District.

Please join us in wishing Dave well as he transitions into his new roles.



Shannon Striebich Provides Interim Leadership for Trinity Health St. Mary Mercy Livonia

Following Dave Spivey's transition from Trinity Health Livonia (see page 16), Shannon Striebich, President of Trinity Health Oakland and Senior Vice President of Operations at Trinity Health Michigan, will serve as the hospital's Interim President, in addition to her current responsibilities. Striebich is well known at the Livonia hospital and well versed in its operations, having previously served as Interim President of the ministry in 2019-2020 and as its Chief Operating Officer from 2014 to 2016.

Stay Connected New Email Addresses

We want to stay connected with you!

Members of our Trinity Health – Southeast Michigan Office of Philanthropy team now have new email addresses that reflect our transition from Saint Joseph Mercy Health System to our unified brand identity with Trinity Health.

Visit: stjoeshealth.org/about-us/ways-to-give/meet-our-team.

Our team and mission remain the same and we look forward to staying in touch with you.

Thank you for staying connected to our team and our healing mission.



Continued from page 3...

for the program helps to make the fitness, nutrition and behavior portions more engaging. At the beginning of the program, each family receives a kit with items such as an educational binder, exercise equipment, a cookbook, and engaging games and activities. This encourages a reduction in screen time and stimulates creativity.

During the Program's eight 2-hour classes, each discipline engages the families in activities. Our exercise specialist has fun motivating families to be active together without need for costly equipment or gym memberships. The dietitian shows parents and children how to set up their home for success by making the healthy choice the easy choice. She teaches families to be food detectives, understand what is in food, make healthy meals and snacks, and cook and taste new recipes. The behavior specialist educates parents on the importance of positive role modeling and teaches skills to help families stay connected to successfully reach their health goals.

Philanthropic funding also helps to purchase fresh local produce which is provided to the families. For our families facing nutrition insecurity, we are able to provide them with Farm Shares at no cost through The Farm at Trinity Health Ann Arbor. The Farm Shares Program is offered three times yearly, and includes a box or bag of produce weekly for 12 weeks.

The Healthy Families program is provided both virtually and in-person with cohorts in Livingston, Plymouth-Canton, and the Ann Arbor-Ypsilanti areas. As we emerge from the COVID-19 pandemic, we are rebuilding our in-person structure, starting with classes at the Ellen Thompson Women's Health Center in Ann Arbor that is home to a fitness studio, culinary studio and classrooms. The proximity also allows for visits to The Farm at Trinity Health Ann Arbor for interactive learning related to nutrition and outdoor activity.

We are grateful for the ongoing support that is vital to providing Nutrition and Lifestyle Medicine programs that go beyond the walls of the hospital and focus on generations of good health for our community.

To make your gift today, visit: stjoeshealth.org/giftofhealth. To learn more about the impact of philanthropy, please contact: Lindsay Debolski, Gift Officer, at 517-545-515 or lindsay.debolski@trinity-health.org; or Melissa Sheppard, Director of Corporate and Foundation Relations, at 734-712-4079 or melissa.sheppard@trinity-health.org.

Your Legacy

You can ensure the Remarkable Medicine, Remarkable Care that your family has counted on is available for future generations.

Making a gift through your will or trust is a simple and meaningful way to leave your legacy.

Contact Jana McNair, Director of Major Gifts, at 734-712-3919 or Jana.Mcnair@trinity-health.org for more information and allow us to recognize your generosity.





A Legacy of Leadership

New Chelsea Hospital President, Ben Miles, was excited to host lunch to meet and learn from his predecessors (left to right) Will Johnson, Kathleen Griffiths, and Nancy Graebner-Sundling. In the hospital's 52-year history there has only been three presidents, which speaks to the commitment of our leadership and the excellence of our hospital that attracts and retains such leaders.

Honoring a Health Care Hero

Your support for our Chapel and Spiritual Care Services makes a difference in the lives of our patients and those who rely on us to heal body, mind and spirit. Trinity Health St. Mary Mercy Livonia Chaplain and Spiritual Care manager, Larry Lyons, has been named a Health Care Hero by Crain's Detroit Business. Lyons and his team were tasked with the unforeseeable duty of being the last voice many COVID-19 patients heard before they passed away. Larry himself contracted the virus in March 2020 and his mother also contracted the disease and ultimately passed away from the virus.

Despite his personal connections and loss, Lyons never stopped showing up to help and he never stopped holding the hands of those who needed a reassuring touch. Our entire team is grateful for his service.



To learn more about how your giving makes an impact, contact the Office of Philanthropy Trinity Health - Southeast Michigan:

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Please contact us at 1-855-257-1719 if you wish to have your name removed from lists used to send fund-raising requests supporting Trinity Health Michigan Southeast.

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FastFacts

- Rosalie Tocco-Bradley, MD, PhD, MHSA, chief clinical officer of Trinity Health Michigan, was named a Health Care Hero by Crain's Detroit Business, recognizing her leadership of health system initiatives aimed at preventing opioid deaths and improving care for patients with substance use disorders by focusing on clinician education, recognition of at-risk patients and the establishment of medication-assisted treatments.
- Shannon Striebich, president of Trinity Health St. Joseph Mercy Oakland and senior vice president of operations at Trinity Health Michigan, was appointed a Board member and elected chair-elect of the Michigan Health & Hospital Association (MHA). Based in greater Lansing, the MHA advocates in Michigan and Washington, D.C., on behalf of health care providers and the communities and patients they serve.
- Chelsea Hospital was selected to receive the 2022 Michigan Health & Hospital Association Ludwig Community Benefit Award for its development of the WAVE Stockbridge-Manchester Shuttle. The successful community benefit program has helped address issues of social isolation and lack of transportation, which can contribute to poor health outcomes for residents.



Scan this special QR code using the camera on your smartphone to visit our Ways to Give page, learn more about how your giving makes an impact on our mission, and make your gift online today.